THE SAFEE CODE

A Smoke-free, Vape-Free, & Substance-Free School Commitment

The Indian International School,
Dubai Silicon Oasis

A Message from SAFEE

Dear Students, Parents, Staff,

and Members of Our School Community,

Every safe school begins with a shared commitment.

At The Indian International School, we believe that creating a safe, healthy, respectful, and supportive environment is a responsibility shared by every member of our community. Student wellbeing is not achieved through rules alone; it is built through awareness, education, accountability, and partnership. he SAFEE Ambassadors are proud to present this handbook as a guide for our school community. Developed in collaboration with school leadership, it outlines our commitment to maintaining a Smoke-Free, Vape-Free, and Substance-Free School Environment while promoting responsible decision-making and positive lifestyle choices.

This handbook serves as:

- **A guide for students** on behavioural expectations and personal responsibilities.
- **A resource for parents** to support healthy habits and work collaboratively with the school.
- **A reference for staff** to ensure the consistent implementation of school policies and student support procedures.

This handbook reflects our belief that education, early intervention, and a positive school culture are the best ways to help students make informed choices.

Together, we can ensure that our school remains a place where every student feels safe, respected, supported, and empowered to thrive.

With gratitude,

The Student Advocates For Empowered choices & Environment

TABLE OF CONTENTS

1. Purpose of this Handbook
2. Building a Vape-Free Future: The IIS Prevention Approach
3. Ban vaping among students and adults on school premises.
4. Responsibilities of Students
5. Responsibilities of Parents
6. Responsibilities of Staff
7. Role of SAFEE Ambassadors
8. Digital safety & Online Influence
9. Addressing Social & Cultural Influences
10. My Friend Is Vaping, What Should I Do?
11. The Student Pledge

The purpose of this handbook

This handbook has been developed to communicate the school's expectations regarding vaping, smoking, tobacco products, nicotine products, and substance misuse.

Its purpose is to:

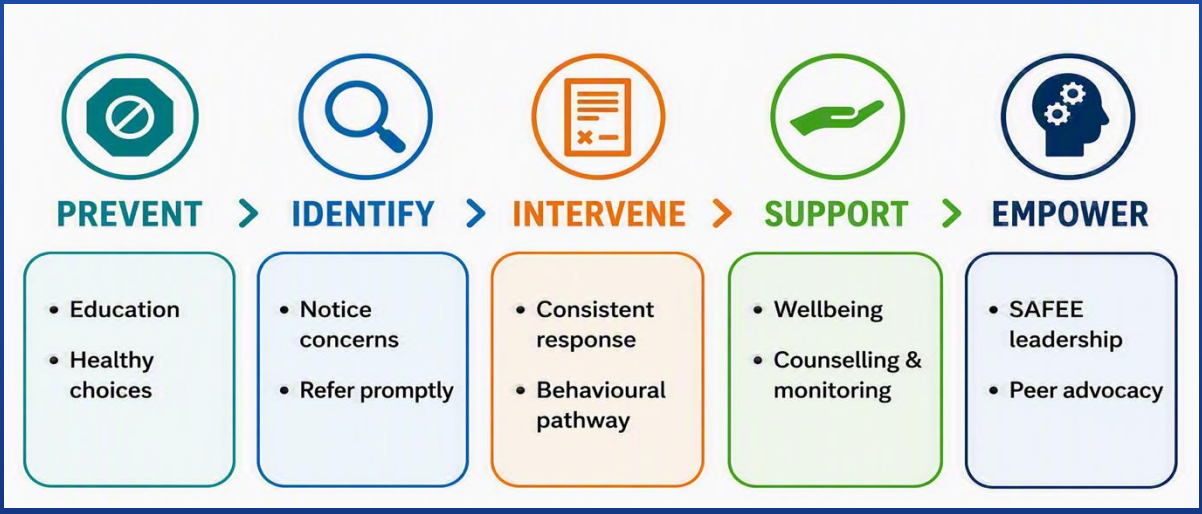
- Clearly communicate school expectations to students, parents, and staff.
- Promote healthy choices through education and awareness.
- Support consistent implementation of school policies.
- Encourage collaboration between home and school.
- Explain available support systems and intervention procedures.
- Reinforce our shared responsibility for maintaining a safe learning environment.

Building a Vape-Free Future: The IIS Prevention Approach

At The Indian International School (IIS), student wellbeing is at the heart of everything we do. Recognising the growing concerns surrounding vaping and substance use among young people, the school has adopted a proactive, whole-school prevention model that focuses on education, support, early intervention, and student empowerment.

The IIS DSO Whole-School Prevention Model

Our approach is built on five key pillars:



Prevention Through Education

Rather than focusing solely on disciplinary consequences, IIS believes that education is the most effective tool for prevention. Through classroom learning, awareness campaigns, student-led initiatives, and partnerships with parents, students are empowered to make informed and healthy choices.

Together, students, staff, parents, and SAFEE Ambassadors are working towards a common goal: creating a safe, healthy, and supportive environment where every learner can thrive and make positive choices for the future.

Ban vaping among students and adults on school premises.

Zero Tolerance for Vaping

IIS maintains a **Smoke-Free, Vape-Free, and Substance-Free Environment**. The possession, use, sale, distribution, or promotion of vaping products is strictly banned on school premises, school transport, and during all school-related activities.



This applies to all members of the

school community, including:

- Students
- Staff
- Parents
- Visitors

In order to achieve this goal, we have Graduated Approach to Support our students .

The IIS Tiered Intervention Pyramid ensures that every student receives the right level of support based on their needs.

- **Tier 1: Universal Prevention** – Awareness education for all students through curriculum integration, assemblies, campaigns, and parent engagement.
- **Tier 2: Early Intervention** – Prompt support for students showing signs of risk, vulnerability, or first-time concerns.
- **Tier 3: Targeted Intervention** – Structured plans involving parents, counselling, and behavioural support for repeated concerns.
- **Tier 4: Intensive Intervention** – Senior leadership involvement and comprehensive support for serious or high-risk situations.

Responsibilities of Students

Students are expected to:

- Adhere strictly to the school's Smoke-Free, Vape-Free and Substance-Free policy
- Avoid possession or use of any prohibited substances or devices
- Report concerns related to vaping or substance use to a trusted adult
- Participate in awareness programmes and school-led initiatives
- Make responsible and informed choices that support personal and peer wellbeing

DO

- Report concerns to a trusted adult.
- Support friends in making healthy choices.
- Participate in awareness programmes.
- Respect the smoke-free campus.
- Ask for help if you feel pressured.

DON'T

- Bring vapes, cigarettes, nicotine products or prohibited substances.
- Encourage others to vape or smoke.
- Share or distribute prohibited items.
- Ignore unsafe behaviour.
- Damage school awareness posters or signage.

Responsibilities of Parents

Parents are expected to:

- Prioritize Safety of their child and building their trust to open up to parents over punishment.
- Engage in open conversations with their child regarding healthy decision-making
- Monitor and guide student behaviour in alignment with school expectations
- Cooperate with the school in addressing any concerns related to student wellbeing
- Respond promptly to school communication regarding behaviour or safeguarding concerns



Responsibilities of Staff

Teaching staff members are expected to:

- Model healthy and responsible behaviour at all times
- Reinforce the school's Smoke-Free, Vape-Free and Substance-Free policy consistently
- Report any concerns in accordance with safeguarding and behaviour procedures
- Support preventive education through classroom and pastoral engagement
- Participate in relevant training and awareness programmes

Non teaching Staff, Bus drivers & attendants:

- Ensure compliance with Ban vaping among students and adults on school premises during all transport operations
- Report any incidents or violations to school authorities immediately
- Support student safety, supervision, and responsible conduct during transport

For the Bus Guidelines

- School buses are designated smoke-free and vape-free zones at all times.
- Drivers and attendants must not smoke or vape before or during duty.
- Monitor students during boarding, travel and drop-off.
- Immediately report any suspected possession or use of vaping devices.
- Secure any prohibited items according to school procedure.
- Complete an incident report before the end of the duty period.
- Reinforce school expectations respectfully.
- Participate in annual safeguarding and anti-vaping awareness training.

ROLE OF S.A.F.E.E.

The SAFEE Ambassadors serve as student leaders who promote a safe, healthy, and supportive school environment. Working alongside school leadership, teachers, counsellors, and parents, they help foster a culture of prevention, awareness, and positive decision-making.

The responsibilities of the SAFEE Ambassadors include:

- Promoting healthy choices through positive peer leadership.
- Organising awareness campaigns, assemblies, and educational initiatives throughout the academic year.
- Conducting peer-to-peer discussions to encourage informed decision-making.
- Supporting anti-vaping, anti-smoking, substance awareness, and student wellbeing initiatives.
- Encouraging students to seek support from trusted adults whenever concerns arise.
- Assisting in observing Smoke-Free, Vape-Free, and Wellbeing Campaign Days.
- Collaborating with other Student Councils to strengthen health and wellbeing programmes across the school.
- Acting as ambassadors who model responsible behaviour, respect, and healthy lifestyle choices.

Monitoring by reporting damaged or missing signage and coordinatiing with School's Health & Safety team.

Digital Safety & Online Influence

The school recognises that digital media and social networking platforms can significantly influence student behaviour and perceptions regarding vaping and substance use.

Students are encouraged to:

- Recognise misleading advertisements and promotional content related to vaping.
- Critically evaluate information shared by social media influencers.
- Verify health information using reliable and trusted sources.
- Make informed online decisions that promote health and wellbeing.
- Report harmful or inappropriate online content to a trusted adult.

Developing digital literacy empowers students to resist misinformation and make responsible choices.



Session conducted by Dubai Police for students as well as teachers on Preventative education on drugs & Vaping

September 2025

Addressing Social & Cultural Influences

The school recognises that student choices can be influenced by peer pressure, social media, online trends, misconceptions about vaping, and the normalisation of unhealthy behaviours. To address these challenges, the school promotes awareness, critical thinking, resilience, and informed decision-making.

Through classroom discussions, wellbeing initiatives, and SAFEE activities, students are encouraged to resist negative influences, make responsible choices, and become positive role models for their peers. The school also reinforces healthy behaviours through peer leadership and student-led awareness campaigns.

Each academic year, the school will conduct at least one peer- and expert-led awareness workshop covering the risks of vaping and substance use, decision-making skills, mental wellbeing, and legal implications. Student learning and awareness will be evaluated through surveys, reflection activities, feedback, and annual wellbeing data.



DOCTOR'S TALK ON ANTI- VAPING FOR GRADES 9 AND 11 STUDENTS ON 27TH & 29TH OF JANUARY 2026

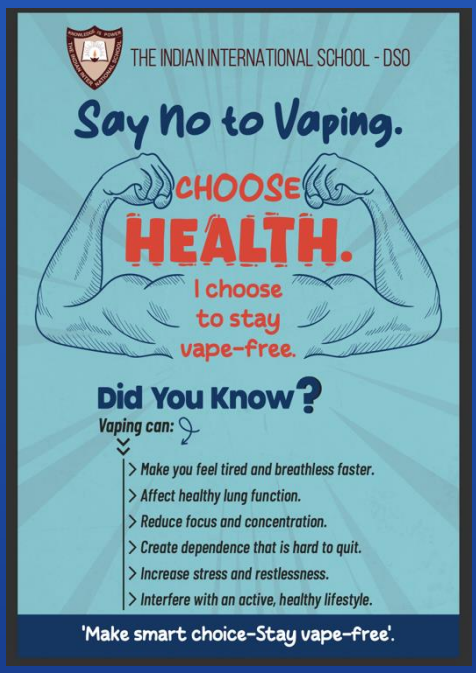
My Friend Is Vaping, What Should I Do?

Vaping is illegal. Be a P.E.E.R. and help a friend quit vaping.

P – Provide Support
Listen without judgment and allow your friend to share their concerns. Respond with empathy and understanding.

E – Encourage Honest Conversations
Talk openly about the risks of vaping and encourage them to speak with a trusted adult or school counsellor.

E – Empower Healthy Choices
Help your friend explore positive alternatives such as sports, hobbies, mindfulness, or other stress-relief activities.



R – Refer to Trusted Support
Reassure them that seeking help is a sign of strength.
Support them in reaching out to parents, teachers, or counsellors when needed.

Vaping is harmful. Your support could help someone take the first step toward quitting.

Concerns may be reported through any of the following:

- The confidential SAFEE Reporting / Refferal for a friend through school portal.
- The School Counsellor
- Designated Child Protection Officer (DCPO)
- A member of the Senior Leadership Team
- Student Leaders or SAFEE Ambassadors

All reports will be treated respectfully, sensitively, and in accordance with the school's safeguarding procedures. Wherever appropriate, the school prioritises education, wellbeing, and early intervention to ensure students receive the support they need.

THE STUDENT PLEDGE

As a member of The Indian International School community, I pledge to:

Make healthy, responsible, and informed choices.

Respect our Smoke-Free, Vape-Free, and Substance-Free school environment.

Support and encourage my peers to make positive decisions.

Speak up and seek help whenever someone may be at risk.

Contribute towards building a safe, healthy, and supportive school community.

Together, we choose health. Together, we choose safety. Together, we thrive.

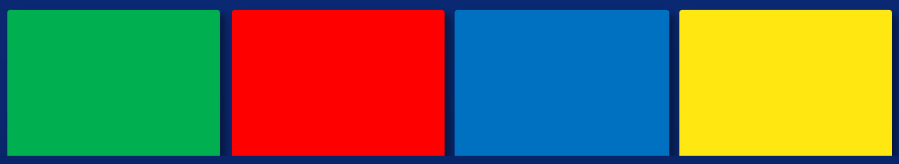
The Indian International School,
Dubai Silicon Oasis

- *Scan the QR code to complete our short awareness survey.*

Together, through education, awareness, prevention, and collaboration, we ensure that our school remains a place where every student can learn, grow, and thrive in a safe and supportive environment.

— Student Advocates For Empowered choices & Environment
and Health & Safety team

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‘Knowledge is power’

